



Sydney Regency Weekends Inc
presents

A Regency Affair at Exeter Village



Registration & Welcome

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| Registration | Registration and check-in will be available from 9:15-10:00am on Friday & 8:30-9am on Saturday. We will take this opportunity to ensure you are registered correctly for all your workshops and answer any last minute questions to ensure that the weekend runs smoothly for everyone. | Friday 9:15am Foyer Registration Saturday 8:30am Foyer Registration |
| Welcome Address | A formal welcome to attendees by Sydney Regency Weekends with introductions and some housekeeping. | Friday 10:00am Badgery Room Welcome |
| Grand Opening Dinner & Entertainment | Come in your Regency costumes or appropriate formalwear to enjoy an evening of the finest Regency entertainment. Enjoy an elegant sit-down dinner, with a variety of Regency amusements on show. An opportunity for photography studio portraits will also be available. | Fri 7pm Badgery Room Entertainment |



Dancing & Music

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| Workshops | There will be numerous dance workshops on both Friday and Saturday taught by our experienced team; David Potter, David Wierusz, Katherine Yamamoto and Bill Unger, who will lead a one-off introduction to Scottish Dancing. These workshops will assist beginners to be in the right place at the right time and will give more experienced dancers the fun of applying their skills to familiar and new dances. The dance program is based on English Country Dance with traditional favourites and new variations sympathetic to the era. <i>We highly recommend inexperienced dancers attend the Beginners Workshop on Friday and at least one workshop on Saturday before the Ball in preparation.</i> | Fri 11am Badgery Room Beginners Workshop Fri 1:15pm Badgery Room Workshop Fri 1:15pm St. Aidans Church Scottish Dance Workshop Fri 4pm Badgery Room Workshop Sat 9am Badgery Room Ball Workshop 1 Sat 11am Badgery Room Ball Workshop 2 Sat 1:15pm Badgery Room Ball Workshop 3 |
| The Ball | Come in your best finery to the Regency Ball on Saturday night to enjoy dancing under the guidance of our Dance leaders, or simply enjoy listening to the wonderful music of Short Dented Fiddlers who will play traditional favourites and some surprises. There will be other evening activities available for the non-dancers amongst you. Supper will be served half way through the ball, and photography studio portraits will also be available. <i>Note: Please bring a plate of food to add to the supper table.</i> | Sat 7:30pm Badgery Room Ball |
| Session Time for Musicians | An informal practice session with the band. Bring your own musical instrument and join them in providing some of the music for the Country Dance. | Sun 11am Badgery Room Workshop |



Out & About

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| Golden Vale Homestead | We will all be visiting historic Golden Vale Homestead. Bus transfer has been arranged, as private cars are restricted. After morning tea and collecting your picnic lunch, we will depart Exeter Hall at 11am by bus, returning at 3:30pm in time for afternoon tea. Whilst at Golden Vale, you will be able to tour the grounds at your leisure. Inspection of the house will also be available with National Trust volunteer guides (gold coin donation appreciated). Enjoy your picnic lunch, Maypole and country dancing on the glorious lawns. Please bring your own picnic rug or chair. <i>Note: transport is by bus, private cars restricted. BYO picnic rug or chair</i> | Sun 11am Golden Vale Excursion |
| Horse & Carriage | Southern Highlands Carriage Club will present a display of historic carriages for inspection and photography at Golden Vale. Carriage rides may be purchased on the day. | Sun 11am Golden Vale Excursion |



Talks

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| White Soup Demonstration | White Soup was a popular course in Regency dinners and balls, and was also mentioned in Jane Austen's letters. Watch and taste through a demonstration from experienced chef Lorelle Smith , showing how to prepare and serve this rich soup. This talk with demonstration happens over 2 days. | Fri 1:15pm Kitchen Demonstration Sat 1:15pm Kitchen Demonstration *Bookings essential \$5 |
| The British Army in the Regency | John Potter will talk about the British Army in the Regency Period. This will include the style of uniforms, use of weapons and equipment, and the organisational structure of the Army that Jane Austen would have been familiar with during the Regency era. | Fri 4pm St. Aidans Church Hall Talk |
| Red Chintz Dress | Adrienne Unger was lucky enough to be allowed a behind the scenes visit to the Antwerp Fashion Museum to study the red Chintz Dress, a much loved 250 year old gown. The results of the study, and the recreated gown will be the subject of this talk. See how a 1750s fabric became a 1790s dress, and how the Regency style developed from not only Classical European, but also Indian clothing style. | Sat 9:30am St. Aidans Church Hall Talk |
| Sickness & Seabathing in Jane Austen's novels | How healthy is Mansfield Park? What ails poor Fanny Price? Should we be worried about Admiral Baldwin's complexion? What did sea-bathing look like in Jane Austen's time and what were some of the diseases it could supposedly cure? This talk, by Dr Vasudha Chandra , explores the subject of health in three of Jane Austen's novels, speculating on the illnesses of some of the characters and discussing treatments used in those times. Spandau, left incomplete at the time of Jane Austen's death, is a particularly 'medical' novel, full of ' spasmodic bile' and hypochondriacal behaviour! | Sat 11:30am St. Aidans Church Hall Talk |
| Etiquette of Tea | Tea drinking was an integral part of English society during the Regency period. Learn about the etiquette of tea from Yasmin Medforth and how to make the finest cup for yourself! | Sat 3pm St. Aidans Church Hall Talk |
| Jane Austen's Health | 2017 marked the 200th anniversary since Jane Austen's death. Dr Vasudha Chandra explores Jane Austen's health and speculates on what illness may have caused her death. The talk will also look at some of the treatments mentioned in Jane Austen's letters. | Sat 4pm St. Aidans Church Hall Talk |



Workshops & Activities

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| Tatting | Kathy Potter will teach you the basics of this simple lace making technique that can be used to make delicate edgings for linens and caps or anything you fancy. A more practical evolution of 18th century knotting, which women used to display their graceful hands while sitting, tatting is a fun entry point into the world of lace making. Shuttle, and materials are included in the cost. <i>Note: bring some scissors for cutting threads.</i> | Fri 11am Reuben Room Workshop *Bookings essential \$12 |
| Historic Hand Stitching | Bronwyn Parry will guide you in how to make historical items using accurate handstitches from the Regency period. A kit with needles, thread and fabric will be supplied, and bring a thimble if you like to use one. <i>Note: please bring a basic sewing kit including scissors, pins and needles.</i> | Sat 1:15pm St. Aidans Church Hall Workshop \$5 |
| Bentwood Box Making | Local woodworking artist, Eliza Maunsell (of Eliza Wood Co), presents a new workshop on the art of bentwood box-making. Make your own box, whilst learning the intricate techniques of this exquisite craft, with Eliza's specialist guidance, over four sessions. | Part 1: Fri 11am Verandah Workshop Part 2: Fri 1:15pm Verandah Workshop Part 3: Sat 9am Verandah Workshop Part 4: Sat 11am Verandah Workshop *Bookings essential \$80 |
| Make a Chemisette | The chemisette was a staple of the Regency woman's wardrobe, worn mainly during the day. Under the guidance of Adrienne Unger , you will use a fine white voile to create your own chemisette. Choose your own style of neck decoration, make a frill from the chemisette fabric, or use some lace or edging you may already have. Or have a simple round neck that falls open like a little shirt collar. A kit will be provided, containing fabric, tape and ribbons. <i>Note: bring your sewing kit containing white thread, sewing needles and some fine pins.</i> | Fri 11am St. Aidans Church Hall Workshop \$20 *Bookings essential |
| Block Printing | Make yourself a block printed muslin shawl under the guidance of Bronwyn Parry . Bronwyn will guide you through the process and provide all the materials you need. <i>Note: Bring apron and large old towel you don't mind getting paint on.</i> | Fri 1:15pm Reuben Room Workshop Sat 11am Reuben Room Workshop *Bookings essential \$20 |
| Croquet | Members of the Southern Highlands Croquet Club, which is located next to the Village Hall, will show you the finer points of this traditional Regency past time. <i>Note: Soft flat soled shoes must be worn (ie sneakers style). No food or drink on the courts.</i> | Southern Highlands Croquet Club Activity Fri 1:30pm, Fri 2:30pm Sat 1:30pm, Sat 2:30pm *Bookings essential \$5 |
| Learn to Play Whist | Learn to play the Regency card game du jour with guidance from Marion Parmenter in preparation for down time and relaxation with other like minded attendees at the Saturday Ball. | Fri 4pm Reuben Room Workshop Sat 4pm Reuben Room Workshop *Bookings essential |
| Make a Cockade | Cockades were used as formal decorations for both sexes and were the 18th Century version of the "pride ribbon". This is a great opportunity to dress up your Regency turban, promote your politics or your regiment! Marion Parmenter will teach you a couple of methods to assemble a Cockade, and a selection of ribbons and implements will be supplied. If you have a special ribbon of your own you'd like to use the wider 40-50mm sizes are preferable, about 1m is needed. Satin and grosgrain ribbons are the best. A 25mm ribbon can also be used for a different variation. <i>Note: bring a basic sewing kit (scissors, thread, needles, pins) to assist your creative efforts. To bring up your finished cockade you could also bring fancy buttons, beads, crystals or lace.</i> | Sat 9am Reuben Room Workshop *Bookings essential \$10 |
| Make a Chemise | A chemise is an essential undergarment used beneath a corset or stays during the Regency era. In this workshop experienced seamstress Kelly Lock will guide you in cutting out the pieces and beginning to handsew them together to create a chemise that fits your own figure. Participants will receive a kit containing cotton lawn, pattern instructions & cotton tape. <i>Note: please bring a sewing kit with pins, needles, white cotton thread, fabric scissors, unpicker and safety pins.</i> | Sat 1:15pm Reuben Room Workshop *Bookings essential \$25 |
| Basket Making | Make a small woven cane basket with a handle (15 cm across and 20 cm high), perfect to hold your Regency trinkets. Eliza Maunsell will teach you all the necessary skills to make this exciting project. A full kit is supplied. <i>Note: you may choose to bring an apron</i> | Sat 1:15pm Verandah Workshop Sat 4pm Reuben Room Workshop *Bookings essential \$30 |
| Mulligatawny Soup | Madras-born Bill Unger whose family was in India right back to the early days of the Raj will bring you some history of Indian food in Britain whilst together you create Mulligatawny Soup. | Sat 4:30pm Kitchen Workshop *Bookings essential \$5 |
| Scone Making | Marion Parmenter , our finest scone maker, will guide your children through the making of this fine Regency treat to add to our Saturday afternoon tea table. <i>Note: Regency style aprons provided and can be purchased to keep</i> | Sat 2pm Kitchen Workshop *Bookings essential \$5 |
| Military Display | A display of musket firing and regimental marching will give you a real sense of what Lydia Bennet was so fascinated by in the Meryton Redcoats. | Fri 3pm Lawn Display Sat 3pm Lawn Display |
| Quill Cutting & Regency Writing | Published author & historian Bronwyn Parry will walk you through how to cut a quill and the art of writing with a quill. Participants will receive a quill to cut, paper to write on, and a bandicoot with notes about cutting and writing. There will be some sealing wax available for you to seal your letters. <i>Note: Participants must bring their own sharp craft knife and a small cutting mat or board.</i> | Sun 9am Reuben Room Workshop *Bookings essential \$15 |
| Finishing Projects | An experienced seamstress, Kelly Lock , will be available to help you finish any projects you have begun over the festival. This can be particularly useful for those that have completed a Chemise or Chemisette workshop. | Sun 9am Reuben Room Activity |



Rest, Relax & Revive

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| Calamity Corner | Your chance to fix or finish a costume item that has become a problem to you, any time through the weekend. Lots of helpful supplies can be found in our Calamity Corner. | Exeter Village Hall Reuben Room |
| Market Table | We will have a small selection of Regency related items for sale this weekend. | Exeter Village Hall Reuben Room |
| Quiet Corner | Books Colin Fong has kindly made his collection of books on history and fashion available to attendees for your reading pleasure during the weekend. Games & Puzzles Other books, games, and puzzles available for you to enjoy during the weekend. Kindly made available to attendees by members of the organising team. | Exeter Village Hall Reuben Room |
| Discovering Exeter Village | Visit the General Store & Post Office for some top notch coffee before setting off to explore this thriving village. Home to a large number of English style estates, a picture postcard historic stone church and country railway station, both of which could have been lifted straight from the pages of an Agatha Christie novel. A perfect location to photograph, be photographed in and maybe even find your petticoats six inches deep in mud! | Weekend Historic Exeter Village |



Please Note

- Some locations are subject to change based on weather and group sizes (*)
- Bookings are essential for all workshops to ensure the presenters have sufficient supplies available for you on the day
- Workshops & activities are on a first come, first serve basis
- Your place in the workshop is only finalised when you have made payment using the reference number given to you and sent remittance advice (an email will be sent to you with instructions).